



# SEXPLORATION QUIZ

DISCOVER YOUR  
UNIQUE BRAND OF  
SEXY

Hello!

An important part of this course includes discovering and loving your unique brand of sexy.

And the **objective** of this “Sexploration Quiz” is that you can have exciting and sexy conversations with your lover that lead to amazingly fulfilling sex by discovering what you like and what you are willing to do.

However, I do NOT want you to ever regret how far you take a conversation or what you consent to engage in.

It’s important to think through what your sexual boundaries are before you are in a situation where you are being asked or encouraged to do something.

This worksheet is for your eyes only and simply to get you thinking about what you definitely know you like, what you haven’t tried but would consider, and what activities you have no desire to engage in.

Stay Sexy!  
- Manish

## HOW TO USE THE SEXPLORATION QUIZ?

You can print this out and mark the boxes accordingly. The activities on this list are by no means exhaustive and I am in no way encouraging you to try all of them.

These ideas/activities are good enough to start with	Yes	No	Maybe
Send him a sexy pic in a hot and sexy pose while he is at work to get him hard. (Remember not to expose much. A little glimpse of your cleavage or inner thigh or wet pic in towel after shower will do...)			
Having sex in theatre while watching movie, or in public place or any place where there is chance of getting caught...			
Asking him where does he wants to be touched during foreplay.			
Dominate him and take charge in the bedroom while having sex.			
If you lack foreplay and he only thinks about penetration, guide him with your hands and give hints on where you want to be kissed and touched (Remember in a nice and gentle way if you ask he will certainly listen)			
Buy sexy bras, panties, and lingerie.			
Read sexy and erotic sex stories to add an element of spice in your sex life.			
Go out on a date weekly or at least every fortnight to strengthen your bond as a couple...			
Have sex in a hotel room for a change.			
Watch porn together.			
Try new positions in bed.			
Have sex in the shower.			
Give him oral sex and body massage. (For reference you can see this free guide --> <a href="https://lovefindsitstay.com/give-him-sexual-massage-oral-sex/">https://lovefindsitstay.com/give-him-sexual-massage-oral-sex/</a> )			
Use a sexy toy during sex.			
Record your own sex video and have fun watching it together. (Note – keep it secret not to share it with anyone) IMPORTANT: Only if you are long-term married couple and not with someone you've just met.			
Set a timer on your cell phones for a time under four minutes. Ask him to do (anything from kissing to intercourse) until the timer goes off.			

These ideas/activities are good enough to start with	Yes	No	Maybe
Challenge him to avoid any kind of penetration. Focus on how kissing feels on different parts of your body. Get out of that mindset of vaginal intercourse, "penis + vagina = sex" which stops couples from exploring other sexy alternatives.			
Give him oral sex like a goddess (tutorial here --> <a href="https://lovefinds-itssway.com/how-to-give-oral-sex/">https://lovefinds-itssway.com/how-to-give-oral-sex/</a> )			
Visit a sex shop or lingerie store together, and tell your man to pick one thing he want to see you wear, no questions asked.			
Lie naked in bed and have your man stand at the doorway to the bedroom. Test how well he knows you by asking him questions about yourself—which can range from sexy ("What's your favorite position?") to personal ("Name your dream vacation spot"). For each correct answer, he gets to move one step closer to you; for each wrong one, he must take a step back. Once your guy correctly answers enough questions to reach the bed, go at it. The teasing aspect will drive up your lust, and he'll also learn new things about you.			
Play a game of Truth or Dare, with very little truth involved. Dares can include things like: - Talk dirty to me for 20 minutes. - Kiss me without using your hands to touch any other body parts. - Sext me while you're at work at least once an hour...  It's up to you if you want to keep daring your partner or let him take a turn at daring you.			
Both of you strip down and sit facing each other on the bed. One of you begins to touch, kiss, and lick different areas of the other's body, and the other person has to simultaneously touch, kiss, and lick that same part in exactly the same way. This is also a great way to show your partner how you like to be touched, and honestly? It's hot as hell.			

### FINAL THOUGHTS

How did considering this list make you feel?

Were you surprised by any of your answers?

Are there other sexual activities not included here that you've always been curious about?

If so, write them down!

Keep this quiz handy.

You will want to refer back whenever you want to try any of the techniques with your man.